

Free Spirit: A Fitness and Wellness Retreat for Women Entrepreneurs and Executives

Name: _____ Age: _____
Street Address: _____
City, State, Zip Code: _____
Home Phone: _____ Work Phone: _____
Cell Phone: _____ Email Address: _____
Emergency Contact: _____
Emergency Contact Phone: _____
Guest Room Occupancy: _____
Name of people in room: _____
Payment Due: _____

- 50% of the deposit is due on November 29, 2009. The balance of the registration fee is due on December 29, 2009. The deposit is refundable until November 29, 2009. After that date, registration fees paid for the retreat are **nonrefundable** and nontransferable.
- Payment can be made via paypal, Eventbrite or check made out to "Fit in DC". Please send paypal payments to vionna@fitindc.com. Email form and payment to: 3509 Connecticut Avenue, NW #260 Washington, DC 20008
- Payment must be received before registration is complete. Your space will be reserved once payment is received.

You are aware that you are engaging in physical exercise and that the use of exercise equipment, club facilities, training and instruction, could cause injury to you. You are voluntarily participating in these activities and assume all risks of injury that you might result. You agree to waive any claims or rights you might otherwise have to sue Fit in DC, Cultivating Health, Kent Manor Inn, its owners or agents for injury to you as a result of these activities. You have carefully read this waiver which states that you assume all risks of injury. You are hereby advised that you should be sufficiently physically fit for exercise activities and should have consulted a physician prior to undertaking a physical exercise program.

Signature: _____ Date: _____